



# March 2024

## Cold Springs Elementary School Breakfast Menu

### Choose 1 Entrée.

Lunch Includes:

Protein ~ Grain ~ Fruit ~ Veggie  
~ Milk

Choose at least 3 out of 5 components including a fruit or veggie. You may take 2 fruits & 2 veggies.

All salads come with a grain.

				<b>FRIDAY 1</b>
<b>CAFÉ CONTACT</b> Katie Mowry Food Service Director: GLC@nsfm.com (856) 456-7000 ext 4044		FREE Breakfast and Lunch For ALL Students <i>*Menu subject to change.</i> This institution is an equal opportunity provider.		<b>Apple Bites</b>  SIDES: 100% Fruit Juice Milk Choice
<b>MONDAY 4</b>	<b>TUESDAY 5</b>	<b>WEDNESDAY 6</b>	<b>THURSDAY 7</b>	<b>FRIDAY 8</b>
<b>Pop Tart &amp; Graham Cracker</b>  SIDES: 100% Fruit Juice Milk Choice	<b>Blueberry Muffin</b>  SIDES: 100% Fruit Juice Milk Choice	<b>Frosted Flakes</b>  SIDES: 100% Fruit Juice Milk Choice	<b>Crunch Mania</b>  SIDES: 100% Fruit Juice Milk Choice	<b>Trix Cereal Bar</b>  SIDES: 100% Fruit Juice Milk Choice
<b>MONDAY 11</b>	<b>TUESDAY 12</b>	<b>WEDNESDAY 13</b>	<b>THURSDAY 14</b>	<b>FRIDAY 15</b>
<b>Pop Tart &amp; Graham Cracker</b>  SIDES: 100% Fruit Juice Milk Choice	<b>Chocolate Chip Muffin</b>  SIDES: 100% Fruit Juice Milk Choice	<b>Blueberry Loaf</b>  SIDES: 100% Fruit Juice Milk Choice	<b>Cinnamon Toast Crunch</b>  SIDES: 100% Fruit Juice Milk Choice	<b>Apple Bites</b>  SIDES: 100% Fruit Juice Milk Choice
<b>MONDAY 18</b>	<b>TUESDAY 19</b>	<b>WEDNESDAY 20</b>	<b>THURSDAY 21</b>	<b>FRIDAY 22</b>
<b>Pop Tart &amp; Graham Cracker</b>  SIDES: 100% Fruit Juice Milk Choice	<b>Blueberry Muffin</b>  SIDES: 100% Fruit Juice Milk Choice	<b>Frosted Flakes</b>  SIDES: 100% Fruit Juice Milk Choice	<b>Crunch Mania</b>  SIDES: 100% Fruit Juice Milk Choice	<b>Trix Cereal Bar</b>  SIDES: 100% Fruit Juice Milk Choice
<b>MONDAY 25</b>	<b>TUESDAY 26</b>	<b>WEDNESDAY 27</b>	<b>THURSDAY 28</b>	<b>FRIDAY 29</b>
<b>Pop Tart &amp; Graham Cracker</b>  SIDES: 100% Fruit Juice Milk Choice	<b>Chocolate Chip Muffin</b>  SIDES: 100% Fruit Juice Milk Choice	<b>Blueberry Loaf</b>  SIDES: 100% Fruit Juice Milk Choice	<b>Cinnamon Toast Crunch</b>  SIDES: 100% Fruit Juice Milk Choice	



  
**NUTRI-SERVE**  
 FOOD MANAGEMENT, INC.